

CRISIS RESOURCES

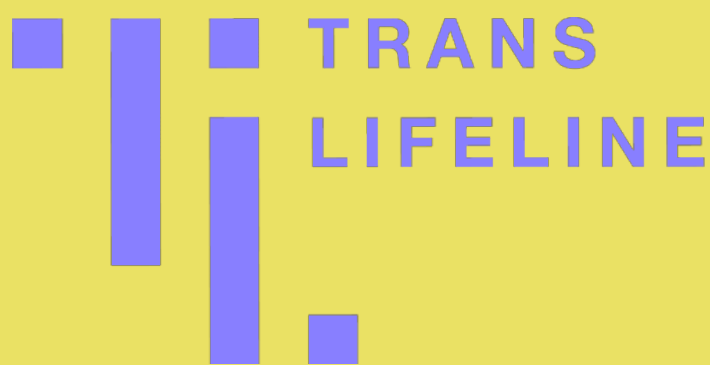
Online and Community
Based Resources for
Gender Expansive Youth
and Families

www.thetrevorproject.org/get-help-now/



24/7 Suicide Prevention Helpline
1-866-488-7386

24/7 Text Support TrevorText
Text START to 678-678



1-877-565-8860
Help Hotline 2pm PT - 10pm PT
7days a week

Friends and Family support
can be accessed by calling
the main hotline number.



**LGBT National
Help Center**

www.glnh.org
Online Peer Support Chat |
Weekly Youth Chatrooms

LGBT National Youth Talkline
1-800-246-7743



the
center

LGBTQ Community Center
of the Desert